

OVERVIEW

- This 4 day course is suitable for any persons selected to be the recognised first aider in the workplace, and meets the standards required by the Health and Safety Executive to achieve the Certificate of First Aider at work. This course meets the requirements of the HSE (First Aid) Regulations (1981).

COURSE TYPE

- The course will take place both in the classroom and within our training centre. Practical use of the relevant equipment will be included. An oral test and continual practical assessment will confirm that the required standard has been reached.

CONTENT

- Legal aspects
Risk assessment
Fractures
Spinal injuries, Muscle and joint injury, Basic life support
Care of the unconscious casualty, Heart attack
Angina, Epilepsy, Diabetes, Asthma, Shock, Poisons
Bleeding, Crush injuries, Casualty examination
Transport, Head injuries, Eye injuries
First aid equipment
Record keeping
Burns scalds, Chemical burns, Electrical burns
Hygiene, Hepatitis B, HIV and AIDS

COURSE REQUIREMENTS

- There are no pre-requisites for this course.

LOCATION

- Training is provided in our training centre in Kent, for on-site training please contact us to discuss further.

COST

- Prices will be confirmed on enquiry. If you wish to make a block booking please contact our training team to discuss a group discount.

CERTIFICATION

- All successful trainees will receive a certificate and ID card covering their training for 3 years

MAXIMUM DELEGATES

- 12

COURSE DURATION

- 4 Days



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