

## OVERVIEW

- This 1 day course is suitable for anyone who would like to improve their knowledge and skills in First Aid. This course provides essential basic knowledge and skills to take charge at the scene of an accident and to provide emergency first aid in the absence of a fully qualified first aider.

## COURSE TYPE

- The course will take place both in the classroom and within our training centre. Practical use of the relevant equipment will be included. An oral test and continual practical assessment will confirm that the required standard has been reached.

## CONTENT

- Incident management
- First Aid equipment and supplies
- Simple record keeping
- Advice on hygiene, Hepatitis B, HIV and AIDS
- Dealing with an unconscious casualty
- Basic life support
- Control of bleeding
- Recognition and Treatment of shock
- Head Injuries

## COURSE REQUIREMENTS

- There are no pre-requisites for this course.

## LOCATION

- Training is provided in our training centre in Kent, for on-site training please contact us to discuss further.

## COST

- Prices will be confirmed on enquiry. If you wish to make a block booking please contact our training team to discuss a group discount.

## CERTIFICATION

- All successful trainees will receive a certificate and ID card covering their training for 3 years

## MAXIMUM DELEGATES

- 12

## COURSE DURATION

- 1 Day



Taskmasters (UK) Ltd

NATIONAL ENQUIRIES  
0800 169 0859

LONDON ENQUIRIES  
0208 691 7575

SOUTH EAST ENQUIRIES  
01233 631300

FAX  
01233 631230

[training@taskmasters-uk.com](mailto:training@taskmasters-uk.com)